

1 **Co-dispersal of the blood fluke *Schistosoma japonicum* and *Homo sapiens* in the Neolithic**
2 **Age**

3

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21 agriculture

22 **Abstract:**

23 The global spread of human infectious diseases is of considerable public health and
24 biomedical interest. Little is known about the relationship between the distribution of ancient
25 parasites and that of their human hosts. *Schistosoma japonicum* is one of the three major species
26 of schistosome blood flukes causing the disease of schistosomiasis in humans. The parasite is
27 prevalent in East and Southeast Asia, including the People's Republic of China, the Philippines
28 and Indonesia. We studied the co-expansion of *S. japonicum* and its human definitive host.
29 Phylogenetic reconstruction based on complete mitochondrial genome sequences showed that *S.*
30 *japonicum* radiated from the middle and lower reaches of the Yangtze River to the mountainous
31 areas of China, Japan and Southeast Asia. In addition, the parasite experienced two population
32 expansions during the Neolithic agriculture era, coinciding with human migration and population
33 growth. The data indicate that the advent of rice planting likely played a key role in the spread of
34 schistosomiasis in Asia. Moreover, the presence of different subspecies of *Oncomelania*
35 *hupensis* intermediate host snails in different localities in Asia allowed *S. japonicum* to survive
36 in new rice-planting areas, and concurrently drove the intraspecies divergence of the parasite.

37 Introduction

38 The global spread of human infectious diseases is of considerable biomedical interest as
39 this process relies on the dispersal of both host and pathogen. Indeed, the current Ebola
40 outbreaks caused by viruses of the genera *Ebolavirus* and *Marburgvirus* resulted from the spread
41 of their human hosts¹. Previous studies have also reported geographically structured populations
42 for a number of human pathogens²⁻⁶, some of which have been linked to ancient human host
43 migrations³⁻⁶. However, for many parasites, which may have several hosts in their life cycle,
44 there is no information as to whether they migrated with human or other hosts.

45 Schistosomes are ancient parasites with two distinct hosts during their lifecycle: an
46 intermediate fresh water snail host and a definitive human or other mammalian host. These blood
47 flukes cause schistosomiasis which ranks as the second most serious human parasitic infection
48 globally in terms of burden of disease estimates. There are three major species that infect humans:
49 *Schistosoma mansoni*, *S. haematobium* and *S. japonicum*. The latter schistosome has exploited a
50 wide range of at least 46 species of mammalian definitive hosts, including humans and a variety
51 of wild and domesticated animals, but uses only *Oncomelania hupensis* as its intermediate host⁷.
52 *S. japonicum* is prevalent in the People's Republic of China, particularly in the marsh and lake
53 regions along the Yangtze River basin (Hunan, Hubei, Jiangxi, Anhui and Jiangsu province) and
54 in mountainous areas (Sichuan and Yunnan province), and in parts of the Philippines and
55 Indonesia^{8,9}. The population genetic structure of *S. japonicum* distributed in East Asia still
56 remains unclear. Several studies of genetic variation, based on the use of mitochondrial (mt)
57 genes and microsatellite loci as gene markers, have shown that in mainland China worms from
58 the lake regions and from the mountain regions are different¹⁰. However, there is limited
59 information regarding the relationship between Chinese mainland *S. japonicum* and other strains
60 of the parasite in East Asia¹¹. Where did the ancestor of all strains of the *S. japonicum* group
61 originate? How and when did the different strains diverge during the course of evolutionary
62 history? Why did *S. japonicum* expand into new areas and hosts? Addressing these questions will
63 provide an understanding of the evolution of this parasite and shed light on its history of disease
64 transmission.

65 We collected 119 *Schistosoma japonicum* samples from 13 locations endemic for Asiatic
66 schistosomiasis, including Japan, Indonesia, Philippines, Taiwan and mainland China, and we
67 investigated the co-expansion of *S. japonicum* and its human definitive host. Phylogenetic
68 reconstruction based on complete mitochondrial genome sequences showed that *S. japonicum*
69 radiated from the middle and lower reaches of the Yangtze River to the mountainous areas of
70 China, Japan and Southeast Asia. In addition, the parasite experienced two population
71 expansions during the Neolithic agricultural era, coinciding with human migration and

72 population expansion. The data indicate that the advent of rice planting likely played a key role
73 in the spread of schistosomiasis japonica in Asia.

74

75 **Results**

76 *Haplotype analysis*

77 We collected *S. japonicum* samples from Indonesia, Japan, the Philippines, Chinese
78 Taiwan and nine locations on mainland China, including two populations from mountainous
79 areas and seven from the lake regions (for detailed information, see Fig. 1 and Table S1). In total,
80 119 complete *S. japonicum* mitochondrial DNA (mtDNA) genomes (~14-kilobase) were
81 sequenced successfully using Next-Generation Sequencing (NGS) technology, with high quality
82 (the coverage ranged from 571 to 6,593, with the average being 3,588; Fig. S1). For *S.*
83 *japonicum* lineages from Indonesia, Japan, the Philippines and Taiwan, only one haplotype was
84 detected per population based on scrutiny of their complete mtDNA genomes (Fig. 2), indicating
85 an extremely low effective population size (N_e) in these groups. However, lower nucleotide
86 diversity was evident in the two *S. japonicum* populations from the mountainous areas of China
87 compared with those from the lake areas (table S1 and Fig. 1). In total, 45 haplotypes were
88 distributed among *S. japonicum* populations from the lake areas of mainland China indicating a
89 very rich level of genetic variation.

90

91 *Phylogeny reconstruction*

92 The phylogenetic history of the 119 complete mtDNA sequences obtained for the *S.*
93 *japonicum* samples was inferred by a Bayesian model (see supplementary file). The topology of
94 the phylogeny was further confirmed by both the maximum likelihood (ML) method and
95 median-joining network (Refer to table S2 and fig. S2 for details of the mtDNA sequence
96 variations). Important nodes of the topology showed relative high support (posterior probability
97 by the Bayesian method and approximate likelihood support by the maximum likelihood
98 method). In total, 23 *S. japonicum* haplogroups were determined and their defining variants (fig.
99 S3) were classified into four major haplogroups (i.e. Haplogroup A, B, C and D) (Fig. 2). First of
100 all, *S. japonicum* samples from Taiwan (Haplogroup D) diverged out from mainland lineages. In
101 addition, the distance between the Taiwan and the ancestor of non-Taiwan lineages (Haplogroup
102 A/B/C) showed ~6 times the average genetic distance non-Taiwan lineages diverging from their
103 most recent common ancestor. Large divergence indicated a considerable difference in

104 schistosome infection, which coincided with the fact that non-Taiwan *S. japonicum* can infect
105 humans while Taiwan lineage do not.

106 *S. japonicum* from mainland of China were mainly composed of 3 major haplogroups
107 which almost diverged tridently. Haplogroup C split out from Haplogroup A'B'C little earlier
108 than Haplogroup A and B, which separated after additional 3 variants (Figure S2). Japan and
109 Southeast Asian samples belonged to Haplogroup A and B, respectively. Mountain region
110 lineages showed a definite monophyletic clade, belonging to Haplogroup A. According to the
111 phylogeny, we detected 878 variant sites, 1055 substitutions and 30 indels (Table S2). High
112 nucleotide diversity (π) in the *ND5* gene was revealed by the analysis of sliding window of 200
113 bp (step size = 50 bp) along the entire genome (Figure S3). A similar plot of distribution on total
114 substitutions showed an unexpected high mutation hot spot at the end of the mitochondrial
115 genome. After inspection, we found that substitutions occurred relatively frequently at 3 sites in
116 the whole phylogeny (13971, 7 times, 13980, 8 times, 13981, 9 times, respectively). Interestingly,
117 variants of these sites were linked 7 times and the mutation mechanisms involved required
118 further research.

119

120 *Inference of reference sequence*

121 According to the phylogenetic tree (Fig. 2), the lineages of Taiwanese *S. japonicum*, which
122 does not colonize humans¹², diverged first from the other lineages that can infect humans (Fig.
123 2). The extant *S. japonicum* reference mt genome is 14085 bp (Genbank access: NC_002544).
124 Compared with the extant reference mtDNA genome sequence, we detected a haplotype bearing
125 43 nucleotide mismatches with two additional insertions (a guanine 'insertion' at position 2318
126 and a thymine 'insertion' at position 2450) which all the human-colonizing lineages originated
127 from. The guanine insertion at 2318 encodes COX3, which affects the codon frame and results in
128 an extended 2 amino acids compared with the original protein product. The N-terminal of the
129 corrected COX3 protein subunit was more similar to that of *S. mekongi*. The thymine insertion at
130 2450 encodes tRNA^{Glu}. Both insertions were also found in other published *S. japonicum* mtDNA
131 sequences¹³. In addition, the original *S. japonicum* mtDNA reference showed many mismatches
132 in nucleotides compared to the extant sequences. Considering the potential error of the extant
133 reference sequence and the phylogenetic significance, we proposed to use the reconstructed
134 sequence, which was the ancestor of all human-infecting lineages (ancestor of Haplogroup A, B
135 and C, i.e., the defining sequence of Haplogroup A'B'C) and to renumber the reference to 14087
136 bp (Supporting material). Mismatches to the new reference sequence showed the derived allele in
137 *S. japonicum* evolution, which would have a practical influence.

138

139 *Estimation of divergence*

140 For the calibration point, we assumed that the divergence of *S. japonicum* from the related *S.*
141 *mekongi*, found in Laos and Cambodia, occurred 3.8 million years ago (mya) according to a
142 recent study¹⁴. Then, we employed two strategies, a ML method via PAML package v4.7 and a
143 Bayesian method via BEAST v1.8, to estimate the ages of the *S. japonicum* haplogroups (fig. S4
144 and table S3) and the mutation rates (table S4). In both analyses, whole genome sequences
145 partitioned in six regions were used. For comparison, protein coding sequences were employed
146 in ML analysis considering that gene rearrangement might cause alignment problem between *S.*
147 *japonicum* and *S. mekongi*. In addition, mtDNA was shaped by selective constraints, which
148 affected the time estimates based on whole genome sequences. However, synonymous mutation
149 was considered free of the pressure. In the phylogeny of *S. japonicum*, there were 529 variants
150 on the third codon, of which only 27 variants were non-synonymous mutations. Thus, we also
151 used the third position of the protein codon to estimate an approximately 'neutral' rate in ML
152 analysis.

153 Generally in total, four age estimates via ML and Bayesian strategies were obtained for
154 each haplogroup and these did not show large discrepancies (Figure S4 and Table S3).
155 Haplogroup D exhibited a large genetic distance compared with the others and diverged into
156 Taiwanese *S. japonicum* isolates ~75 thousand years ago (kya), whereas Haplogroups A, B and
157 C separated much more recently and almost simultaneously, about 22 kya. Moreover,
158 Haplogroup C split out a little earlier than Haplogroup A or B, and the Haplogroups A'B and
159 A'B'C were only differentiated in several hundred years. Two star-like lineages (Haplogroup B
160 and A1) took place ~10 kya, showing a great expansion in *S. japonicum*. In Haplogroup B, Japan
161 lineages split from mainland China ~7-9 kya. In Haplogroup A1a, *S. japonicum* migrated to
162 Southeast Asia ~3-4 kya and to mountain regions ~5 kya. Two star-like lineages (A1b1 and
163 A1a1a) were within ~5kya and indicated recent expansions in the agriculture era. Mutation rate
164 estimates showed that the non-coding region evolved fastest for free of selective constraints
165 while rRNA and tRNA were relatively conservative (Table S4).

166

167 *Inference of population expansions*

168 Given the information we obtained on the phylogeny and haplogroup age of *S. japonicum*,
169 we further reconstructed its demographic history using BSP via mtDNA coding regions (Figure 3
170 and Table S5). This showed that the effective population size (N_e) of *S. japonicum* expanded
171 from 15,000 to 50,000 at ~11 to 7 kya, assuming half a year as the length of generation time.

172 This expansion corresponded with two star-like lineages (Haplogroup B and A1; Fig. 2) both
173 coalescing at ~10kya. Interestingly, *S. japonicum* showed an additional growth peak ~5-2 kya in
174 the agricultural era, with N_e ranging from 70,000 to 300,000, which might correlate with an
175 expansion in the lineages A1b1, A1a2, A1a1b and A1a1a (Fig. S3). For comparison, we also
176 employed three human mtDNA lineages (B5, M7 and F) to construct human BSP for comparison.
177 Haplogroup B5, M7 and F were major haplogroups in the Southern part of East Asia and then
178 some sub-lineages migrated to Southeast Asia, probably corresponding to the human expansion
179 due to rice agriculture in Southern China (Figure 3 and Table S5). Human BSP also showed two
180 peaks of rapid N_e growth. The former was a ten-fold increase ~12-8 kya, followed by a
181 subsequent three-fold expansion ~5-3 kya in the agriculture era. Human BSP correlated well
182 with *S. japonicum* BSP (Figure S5), indicating that *S. japonicum* expanded accompanying human
183 activity, especially the advent of the agricultural era. The latter expansion of *S. japonicum*
184 appeared much greater than the former, and corresponded to more human migration events.

185

186 Discussion

187 In this work, we constructed the phylogeny tree based on the whole mitochondrial
188 genome sequences, four major haplogroups (i.e. Haplogroup A, B, C and D; Fig. 2) were
189 determined for *S. japonicum*. All the Taiwanese lineages were placed in Haplogroup D, the
190 Japanese lineages were placed in Haplogroup B and the lineages from Southeast Asia were
191 represented in Haplogroup A. In addition, the lineages from the Chinese lake regions had the
192 highest diversity, spreading out into all the lineages of Haplogroup C and some sub-haplogroups
193 of A and B. The lineages from the mountainous regions of China were clearly clustered,
194 presenting as a specific sub-haplogroup of A, which we termed Haplogroup A1a1 (Fig. 1). The
195 reasons that the lake worm showed high diversity are gene flow happened in this area because of
196 the richful waternet, while in mountain region of China and island strain showed low diversity
197 could be related with the geographic isolation. It was very clear that the Taiwan samples
198 generated an independent clade which was separated from the other human colonized worms.
199 This result may coincide with its unique infection feature. Therefore, the 14,087 bp mtDNA
200 reference genome (see Supporting file 2) of *S. japonicum* we constructed represents the ancestor
201 of all human-colonizing lineages. This new reference sequence will have practical and
202 phylogenetic importance in future research as the potential mismatches could help in the
203 determination of derived alleles in *S. japonicum* evolution.

204

205 Furthermore, the ages of the *S. japonicum* haplogroups were estimated, the Haplogroup D
206 exhibited a large genetic distance compared with the others and diverged into Taiwanese *S.*

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207 *japonicum* isolates ~75 thousand years ago (kya), whereas Haplogroups A, B and C separated
208 much more recently and almost simultaneously, about 22 kya. Moreover, Haplogroup C split out
209 a little earlier than Haplogroup A or B, and the Sub-haplogroups A'B and A'B'C were only
210 differentiated in several hundred years. In addition, the Japanese lineages in Haplogroup B split
211 from the Chinese *S. japonicum* mainland lake area lineages ~7-9 kya, and *S. japonicum* from the
212 lake regions in Haplogroup A1a migrated to Southeast Asia at ~3-4 kya and to the mountainous
213 regions at ~5 kya. The data show that *S. japonicum* originated in the lake area of China, with the
214 parasite radiating to Japan around 7 kya, to the mountainous region of China about 5 kya, and to
215 the Philippines and Indonesia about 4 kya. The Taiwan parasite in this study, as the sister clade
216 of human colonizing *S. japonicum*, diverged as a relatively independent isolate about 75 kya.
217 This lineage might have lost the capacity to infect or was never able to infect humans during its
218 evolutionary history. Indeed, it has been proposed that the genus *Schistosoma* arose in Asia from
219 an avian schistosomatid, and this was followed by a host shift utilizing ungulates during the mid
220 to late Miocene¹⁵. Interestingly, a ~~newly study has reported a~~ there is a recent report by
221 Attwood et al.¹⁶ of a strain of *S. japonicum* from in Changhua, Taiwan (KF279410), which
222 might have migrated to Taiwan ~5 kya from Lake region in mainland of China¹⁶. Combined
223 with our data, we confirmed that this ~~recent~~ Taiwan strain ~~was~~ originated recently from the Lake
224 region ~~of in~~ mainland ~~of~~ China ~5kay (5.39 ± 0.81kya) (~~Figure not shown~~). ~~Therefore~~ As a result,
225 we assumed that there might be at least two genetically distinct isolates of *S. japonicum* in
226 Taiwan, one being is an ancient form we report here isolate ~~as reported in the current study,~~
227 ~~another and the other~~ is an ~~recent~~ isolate which was may have arrived migrated recently of
228 mainland ~~of~~ China ~~to Taiwan by Attwood¹⁶.~~ However, as there has never been any report of an
229 autochthonous case ~~of *S. japonicum* report in from Taiwan, we consider doubt the newly~~
230 reported “Taiwan isolate” may instead be a “Chinese Lake isolate” which originated from a
231 patient with a *S. japonicum* infection recently visiting or migrating from mainland China,
232 although there is no detailed information provided for the sample analysed by Attwood et al.¹⁶

233 Thus, we posed the question how could this parasite have radiated from the Lake area
234 of China to ~~the~~ other endemic areas? According to the life cycle of *S. japonicum*, there are two
235 possibilities: the parasite was dispersed by its intermediate host or definitive hosts. However,
236 almost no other species disperses as widely as *Homo sapiens* and, therefore, many human
237 pathogens have achieved wide-spread distribution along with their human hosts¹⁷. Consequently,
238 the spread of a pathogen is critically dependent on the extent of expansion of its human host. For
239 example, *Mycobacterium tuberculosis* has experienced strong population expansion as a
240 consequence of the recent human population increase¹⁸. Therefore, we hypothesized that there
241 could be a similar correlation in expansion events between *S. japonicum* and its human host.

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242 Here, we investigate the demographic history of human being and *S. japonicum*. The
243 reconstructed demographic history (Fig. 3 and table S5) showed two peaks of population
244 expansion, the first one happened at ~11 to 7 kya corresponded with two star-like lineages
245 (Haplogroup B and A1; Fig. 2), and the second one happened ~5-2 kya, which might correlate
246 with an expansion in the lineages A1b1, A1a2, A1a1b and A1a1a (Fig. 2). To investigate human
247 migration and expansion in areas where *S. japonicum* was endemic during the transition to the
248 agricultural era, we employed three human mtDNA lineages (i.e. B5, M7 and F) to construct
249 BSPs for the human population. B5, M7 and F are three major human Haplogroups in the
250 Southern part of East Asia with some sub-lineages having migrated to Southeast Asia^{19,20}.
251 Human BSPs showed two peaks of rapid N_e growth. One was a ten-fold increase at ~12-8 kya,
252 followed by a subsequent three-fold expansion at ~5-3 kya (Fig. 3 and table S5). The latter also
253 coincided with the Neolithic dispersal of *S. japonicum*. To summarize, dispersal of the human-
254 colonizing *S. japonicum*, including major expansions and migrations occurred in Neolithic Time.

255 The transmission cycle of many pathogens can comprise a suite of species, each
256 distributed according to its own ecological needs, thereby constraining the pathogen to the region
257 where the host ranges intersect. Thus, the human BSPs correlate well with the *S. japonicum*
258 BSPs (Fig. 3), indicating that *S. japonicum* expansion accompanied human activity, especially
259 during the advent of the agriculture era. The data also imply that the migration of *S. japonicum*
260 would be promoted by the migration of its human host over the past 10 kya. Indeed, modern
261 humans have been reported to have migrated to South East Asia in the Neolithic period, with
262 representative mtDNA haplogroups including M7b3, M7c3c and Y2²¹. Autosomal data also
263 strongly support large demic movements of Austronesian speaking populations into Indonesia
264 from ~4 kya²². This corresponds very well with the coalescence time (3-4 kya) of the Southeast
265 Asian lineages of *S. japonicum*.

266 However, the data we present led us to pose another question. Why did this parasitic
267 worm radiate from a lake region on the mainland of China to other endemic areas? Interestingly,
268 when we reviewed the distribution of *S. japonicum*, we found that it coincided well with
269 traditional rice-planting areas. This encouraged us to consider a possible relationship between the
270 dawn of rice agriculture, and the transmission of schistosomiasis japonica. Beginning at about 12
271 kya, hunter-gatherer populations in the Fertile Crescent of West Asia began developing
272 horticultural practices and commenced animal domestication²³. In East Asia, agriculture started
273 in the Yangtze and Yellow River Basins about 9 kya²³. It is widely accepted that the Yangtze
274 River is the original center of rice cultivation in China and other parts of Asia^{24,25}. The planting
275 of rice commenced about 8 kya in the middle and lower reaches of the Yangtze River, covering
276 Zhejiang, Jiangsu, Jiangxi, Hunan and Hubei provinces, which are endemic areas for *S.*
277 *japonicum* in the lake region. Rice-planting radiated to the southwest (endemic mountainous area

278 of China), as well as to Southeast Asia (the Philippines and Indonesia) around 4 kya²⁶, and it
279 seems that the spread of *S. japonicum* followed the track of this agricultural practice. To achieve
280 success in rice planting, people with appropriate skills and requisite tools, and a suitable
281 environment are critical. Along with the spread of the practice of planting rice, subjects infected
282 with *S. japonicum* would transmit the parasite from one location to another when they migrated
283 to look for new cultivation areas. Moreover, the humid and warm environment required for
284 successful rice cultivation is also highly favorable for breeding of *Oncomelania hupensis*, the
285 intermediate host of *S. japonicum*, so that the parasite life cycle could be readily established and
286 maintained in new rice growing area. Considering that *O. hupensis* would already have been
287 present in the agricultural era, as the divergence of these snails in the lake and mountainous
288 regions of China occurred about 2-6 million years ago²⁷ well before the parasites were
289 introduced, their contribution to the life cycle of *S. japonicum* would be pivotal. As there are
290 different subspecies of *O. hupensis* distributed in different endemic areas of schistosomiasis
291 japonica e.g.^{28,29,30}, and there are differences in compatibility between the snails and worms
292 from different geographical locations³¹, we consider this separation of subspecies might not only
293 have been an important reason for the survival of *S. japonicum* in new locations, but also led to
294 the divergence of different geographically separated parasite populations.

295 The agricultural revolution, which involved the transition from hunting and gathering to
296 settled agrarian societies, not only resulted in human migration but also led to a growth in human
297 population size in Europe, Southeast Asia and sub-Saharan Africa over a period of 10 kya³². Our
298 results lend support to the concept of the two population expansions of *S. japonicum* during the
299 agriculture era, coinciding with human movement and population increase. For *S. japonicum*,
300 many different species of definitive mammalian hosts and the key intermediate snail host (*O.*
301 *hupensis*) characterize its zoonotic transmission cycle. The agriculture era not only resulted in
302 expansion events of *H. sapiens*³³, domestic and wild animals e.g.^{34,35}, but also heralded the
303 advent of rice-planting, increased land use and the introduction of irrigation along with human
304 migration, which would have promoted the spread of *O. hupensis* and the transmission of
305 schistosomiasis to new areas in East Asia. Indeed, we propose that the introduction of rice
306 planting would have played a key role in promoting the transmission of schistosomiasis in East
307 Asia.

308

309 **Methods**

310 *Sample collection*

311 119 *Schistosoma japonicum* worm samples in 13 locations were collected from Indonesia
312 [\(Lindu lake, Sulawesi\)](#), Japan [\(Yamanashi strain maintained in the laboratory of Dr Sugiyama,](#)
313 [National Institute of Infectious Diseases of Japan\)](#), the Philippines [\(Leyte\)](#), Chinese Taiwan
314 [\(Changhua\)](#) and nine locations in mainland China (Table S1). In mainland China, two samples
315 were collected from mountain regions (i.e. Eryuan County in Yunnan Province and Xichang City
316 in Sichuan Province), while the other seven were obtained from locations in the lake regions (i.e.
317 Duchang and Nanchang City in Jiangxi Province, Guichi and Tongling City in Anhui Province,
318 Yueyang and Changde City in Hunan Province, and Shashi City in Hubei Province). Ten
319 individual adult worms were sampled for each of these locations as representatives of population
320 diversity, with the exception that two individuals were collected from Japan. The protocol for
321 worm collection is described in a previous study ³⁶.

322

323 *Preparation of genomic libraries and sequencing*

324 Next generation sequencing (NGS) technology was applied to sequence the complete
325 mitochondrial genomes of all the collected samples of *S. japonicum*. We first amplified the
326 complete mitochondrial DNA (mtDNA) genomes using 13 PCRs, which cover the whole
327 mtDNA genome. These 13 overlapping products were then mixed in roughly equal amounts after
328 determining the concentration of each amplicon. Then, fragment libraries were prepared using
329 the optimized protocol provided by Illumina and published ³⁷. Briefly, the complete mtDNA
330 genome of each sample was sheared with DNase I and the sheared fragments were purified and
331 concentrated using a QIAquick PCR purification spin column (QIAGEN Inc.). T4 DNA
332 polymerase, T4 phosphonucleotide kinase and the Klenow fragment of *Escherichia coli* DNA
333 polymerase were used to fill 5' overhangs and remove 3' overhangs of sheared fragments and
334 then were added A-residues at the 3' terminal sides using dATP and Klenow (3'-5' exonuclease).
335 Adaptors containing unique barcode sequences were then ligated to the fragments. We harvested
336 fragments ranging from 200 bp to 250 bp through an agarose electrophoresis platform, the
337 products were isolated using QIAGEN MiniElute gel extraction spin columns and then each
338 sample was amplified using standard Illumina primers and running 15 PCR cycles. After these
339 libraries were re-purified, we quantified the DNA concentration of all samples and 30 ng of each

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340 were pooled together. The oligonucleotide mix was finally sequenced on an Illumina HiSeq 2000
341 by BGI, China.

342

343 *Whole mtDNA sequence assembly*

344 Original sequencing reads were exported to Fastq files, and then bwa v0.6.2³⁸ was used
345 to align reads to an existing *S. japonicum* mitochondrial genome reference sequence (Genbank
346 accession: NC_002544) to generate binary sequence alignment/map (BAM) files of the mtDNA
347 genomes³⁹. Duplicate reads were removed by MarkDuplicates, implemented in Picard v1.82
348 (<http://picard.sourceforge.net>) and the mtDNA sequences were locally realigned by GATK
349 v1.2.59⁴⁰. Pileup files were generated by SAMtools v1.0.18³⁹. Consensus sequences were then
350 obtained based on the pileup files, and indels were checked manually afterwards. Variations for
351 haploid were called according to the criteria used in Zheng *et al*⁴¹. All the 119 sequences
352 obtained were deposited in Genbank (XXXXXXX-YYYYYYY).

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353

354 *Phylogenetic analysis and time estimation*

355 As an outgroup to *S. japonicum*, the mt genome sequence of *S. mekongi* (Genbank
356 accession: NC_002529) was selected and aligned to *S. japonicum* sequences considering gene
357 rearrangement¹⁵. The phylogeny of 119 *S. japonicum* mt genome sequences and one *S. mekongi*
358 mt genome sequence was inferred by MrBayes v3.2.1⁴² with the HKY+I+G model. 10⁶
359 generations were performed with 4 chains (i.e. 1 cold chain and 3 hot chains) and the first 7,000
360 generations were regarded as burn-in. Moreover, the PhyML v3.0⁴³ with HKY+G model and
361 Network v4.6.1.1 (http://www.fluxus-engineering.com/sharenet_rn.htm) were applied to
362 generate topologies. Haplogroups were defined according to the topology and assigned to each
363 sample.

364 For the calibration point, we assumed that the divergent time between *S. japonicum* and *S.*
365 *mekongi* was 3.8 million years ago (MYA), according to a recent study¹⁴. The phylogenetic tree
366 was used to examine the assumption of a molecular clock under the HKY+G mutation model.
367 The null hypothesis of a molecular clock cannot be rejected (P = 1.00) using the PAML package
368 v4.7⁴⁴. We employed two strategies to estimate the ages of *S. japonicum* haplogroups, i.e., the
369 maximum likelihood (ML) method via PAML package v4.7 and the Bayesian method via
370 BEAST v1.8⁴⁵. In ML analysis, three sequence partitioning methods were performed with the
371 HKY+G model. First, we used the complete mtDNA genome sequences, which were partitioned
372 into 6 regions (i.e. the first, second, and third positions of the codons, tRNA, rRNA and non-

373 coding regions). Second, we used protein coding regions only (i.e. partitioned in three positions
374 of codons), considering that historical gene re-arrangements between *S. japonicum* and *S. mekongi*
375 might cause alignment problems with whole sequences. Third, we used the third position of
376 codons only for the reason that most variants on the third codon were synonymous mutations.
377 Natural selection on mtDNA is thought to have an effect on the mutation rate of the whole
378 genome and time estimation. However, synonymous mutation rates are regarded as neutral and
379 free from negative selection. In Bayesian analysis, whole mitochondrial sequences were
380 employed and partitioned into 6 regions as with the ML analysis. We ran 10^8 iterations, with
381 samples drawn every 5,000 steps and the first 10^7 iterations considered burn-in. A strict clock
382 was selected in all analysis.

383 We reconstructed the historical demographic variation of 109 human-infecting *S.*
384 *japonicum* sequences via Bayesian skyline plots (BSPs) implemented in BEAST v1.8. Tracer
385 v1.5 was used to visualize the results and to construct the BSPs.

386

387 *Human mtDNA data*

388 The 435 complete human mtDNA sequences of Haplogroups B5, M7 and F were used to
389 construct the BSPs for the human population. B5, M7 and F are three major human Haplogroups
390 in the Southern part of East Asia with some sub-lineages having migrated to Southeast Asia^{19,20}.
391 The 435 human mtDNA sequences were from 3 random population data sets, of which 175
392 sequences were from the 1000 Genomes Project⁴¹, 68 from the Human Genome Diversity Cell
393 Line Panel (HGDP-CEPH, Genbank: KJ445738- KJ446778 and KP240908-KP240930) and 253
394 newly generated sequence data (Genbank: KP240655-KP240907). The sequencing and variant
395 calling method have been described previously⁴⁶. The parameters for BSP construction was as
396 we have described previously^{41,47}. Population growth rates were calculated from the BSP using
397 the method described in Gignoux *et al.*³².

398

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405

406 **Competing interests:**

407 The authors declare no competing financial interests.

408

409 **Authors' contributions:**

410 MY, LJ and WH designed the study. JS, ZF and XZ collected samples and carried out the
411 genomes sequencing. MY and HZ contributed to data analyses, and MY, HZ, DM, LJ and WH
412 wrote the manuscript. All authors read and approved the final version.

413

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535

536

537 **Figure legends**

538 **Fig. 1.** Location of the *Schistosoma japonicum* samples used in analysis. The arrows indicate the
539 direction of spread of *S. japonicum*. For abbreviations of each sample, refer to table S1. The
540 migration times are annotated in the figure (BP: years before present). The Map was created
541 using ArcGIS® software by Esri.

542

543 **Fig. 2.** Phylogenetic tree of 119 complete *Schistosoma japonicum* mt genomes, based on
544 maximum likelihood and Bayesian methods. The *S. japonicum* phylogeny was calibrated with
545 the mt genome of *S. mekongi*, a close relative found exclusively in the Mekong river basin of
546 Laos and Cambodia in South-east Asia. Nodes with high statistical support (>80% approximate
547 likelihood branch support in ML analysis and >0.9 posterior probability in Bayesian analysis,
548 respectively) are highlighted by asterisks. The numbers in brackets indicate the number of
549 identical mt genome sequences obtained. The green circles indicate lake samples, the pink circles
550 indicate samples collected from mountainous areas of mainland China, whereas the coloured
551 triangles represent e samples from Chinese Taiwan, Japan, the Philippines and Indonesia. For the
552 abbreviations of each sample, refer to table S1.

553

554 **Fig. 3.** Demographic analysis of *Schistosoma japonicum* and *Homo sapiens*. A) Bayesian skyline
555 plots of *Schistosoma japonicum* (blue) and three lineages of *Homo sapiens* (red). The x-axis is
556 the time from present in units of years, and the y-axis is the product of maternal effective size
557 and generation time. The solid line is the median estimate and the dashed lines show the 95%
558 highest posterior density limits. B) Correlations of effective population size between *Homo*
559 *sapiens* and *S. japonicum*. The linear regression line and coefficient were denoted.